

Morristown, NJ – August 19th to 22nd, 2010 Camp Schedule

Note: Schedule is subject to modification and assumes that there will be enough players in camp to require two groups. If camp attendance is low, then there will just be one group. Assignment of players to Novice or Intermediate/Advanced groups is based upon our estimation of ability, and is relative to other players that will be attending camp. Every effort will be made to place players appropriately.

	Novice Group	Intermed./Advanced Group	
Thursday	2:45 – 4:15 - Orientation		
	5:00 - 7:00 Ice Session 1	5:00 – 6:30 – Orientation	
	7:20 – 8:20 – Strength & Conditioning Talk	7:15 – 9:15 – Ice Session 1	
	8:30 – Break the Ice Party	9:30 - Break the Ice Party	
Friday	8:00 -10:00 – Ice Session 2	8:30 – 9:30 – Chalk Talk 1 – Offensive Positioning	
	10:20-11:20 – Chalk Talk 1 - Defensive Zone Coverage	10:15-12:15 - Ice Session 2	
	11:20 – 2:00 - Break	12:15 – 2:00 - Break	
	2:00 – 4:00 – Ice Session 3	2:00 – 3:30 – Video Review	
	4:20 – 5:50 – Video Review	4:15 – 6:15 – Ice Session 3	
Saturday	8:30 – 9:30 – Chalk Talk 2 – Offensive Positioning	8:00 – 10:00 – Ice Session 4	
	10:15 – 12:15 - Ice Session 4	10:20 -11:20 – Chalk Talk B – Defensive Zone Coverage	
	12:15 – 2:00 - Break	11:20 – 2:00 - Break	
	2:00 – 3:30 – Video Review	2:00 – 4:00 – Ice Session 5	
	4:15 – 6:15 – Ice Session 5	4:20 – 5:50 – Video Review	
	7:30 - Banquet	7:30 - Banquet	
Sunday	8:30 - 10:30 – Ice Session 6	9:00 – 10:00 – Strength & Conditioning Lecture	
	10:45–11:15 – Complete Evaluations and Farewells	10:45 – 12:45 – Ice Session 6	
		1:00 –1:30 – Evaluations & Farewells	