

### Skills Development Camps

Washington, DC - April 3-6, 2008  
Cost: \$725

Nashville, TN - April 17-20, 2008  
Cost: \$675

New England (Cushing Academy)  
May 1-4, 2008  
Cost: \$675

Lake Tahoe, CA - May 15-18, 2008  
Cost: \$725

Buffalo, NY - June 5-8, 2008  
Cost: \$625

Vail, CO - June 19-22, 2008  
Cost: \$725

Toronto, ON - July 17-20, 2008  
Cost: \$675

Morristown, NJ (NYC Metro area)  
August 21-24, 2008  
Cost: \$675

### Game Strategy Camps

Lake Tahoe, CA - May 15-18, 2008  
Cost: \$725

Morristown, NJ (NYC Metro area)  
August 21-24, 2008  
Cost: \$675

*Note: We will be offering both a Skills Development and a Game Strategy Camp at our Lake Tahoe and Morristown locations.*

**Please call or check our website for the latest, and most complete details on all of our camps.**

Weekend Warriors camps make a great (Birthday, Christmas, Father's Day or Mother's Day) gift to that special hockey player in your life. If you're not sure which date or location works best, we even allow you to choose/change your camp date after the surprise is out. If you're the hockey player in the family, start dropping hints today!



### Skills Development Camp

This is our staple. This camp is designed for a large cross-section of adult recreational players, from rookies through advanced intermediates. How are we able to handle such a wide disparity of skill levels? Well, first of all, most of what is being taught is individual skills. While players are taught the same skills, the level at which they are able to execute them is highly variable.

Further, by breaking groups up for many of the exercises according to ability, the coaches are able to adjust the degree of difficulty in many of the drills, challenging the players in the more advanced group, while breaking it down to the simple building blocks for the less experienced.

### Game Strategy Camp

This camp focuses on teaching you more about the team game than individual skills. It is more about tactics and less about technique. It is about positioning. You will learn where you need to be on the ice, depending upon the situation. The drills center upon learning things like breakouts, 2 on 1's, 3 on 2's, face-offs, etc.

### Should I Choose a Skills Development Camp or Game Strategy Camp?

Every player needs to improve their skills, and that is why our standard camp is focused upon skating and hockey skills. The Game Strategy camp is for those that have a reasonably solid skill base and want to focus more on team tactics and positioning. A novice player should attend a standard skills development camp before attempting a Game Strategy camp. A more experienced player can decide if he or she wants to work on individual skill development or team strategy and positioning. Some players choose to do both in the same year.

### Note on Hotels

**Weekend Warriors** has negotiated special rates in advance for you. Be sure to book your room before the release date, which is typically 30 days prior to the camp. This date and other location-specific details are published on our website. All hotel rates are quoted per room, either single or double occupancy. Therefore, you may split the cost of a room with another player without incurring additional charges.

### Social Activities

The social aspect can be one of the most memorable parts of attending a **Weekend Warriors** camp. At every camp, we schedule at least two group social activities:

★ The evening after our first skate, join us for a **"Break the Ice" Party**. This low-key gathering provides an ideal opportunity to meet your coaches, staff and fellow players.

★ On Saturday evening we hold our **Camp Banquet**. By this time everyone has gotten to know each other, so you are sure to have a good meal and a good time!

If you are traveling with a friend or spouse that is not participating in the camp, they are welcome to join us at these social events for a nominal additional cost.

## Our Coaches

One of the best things about a Weekend Warriors camp is the outstanding coaching staff. These guys are extremely knowledgeable, approachable, friendly and good at what they do. Their intense love for the game coupled with their fondness for working with eager adults help create an atmosphere at our camps that is above and beyond any you have ever experienced. Not only will you learn a ton about hockey, but you will leave our camp with a great sense of camaraderie. All four of these exceptional coaches will be present at most of our 2008 camps. In the event that one of these coaches cannot be present at a particular camp location, a capable substitute will take his place.

### Rob Boyle



Rob has served as head coach of Weekend Warriors camps since our inception in March 2003. His vast experience, easygoing nature and ability to bring humor to the ice make him an outstanding coach. He creates a relaxed and enjoyable learning environment that is extremely conducive to the adult recreational player.

Rob has spent the past 5 years as the Head Coach of the University of Virginia men's hockey team. He has coached and taught players from 6 to 60 years old in Canada and the U.S., and both coached and played at Concordia University in Montreal and in Europe.

### Kevin Figsby

Kevin has been a core member of our staff since 2003. His love and enthusiasm for the game is infectious, and he's particularly good at taking a player aside and fixing little nuances that make a huge improvement in a player's game.

Kevin is the Head Coach at Concordia University in Montreal and has more than 20 years of coaching experience. Kevin has earned Hockey Canada's prestigious Master Coach designation, and served as a Guest Coach with the Montreal Canadiens, as Head Coach for the World Under 17 Championships, as a Team Canada Coach at the World University Games and as a Guest Coach for the Canadian National Team.



### Nick Carriere



Nick has been a core member of our staff since 2005. His depth of knowledge, outstanding communication skills, intense love for the game and excellent ability to demonstrate skating and hockey skills make him a valuable member of our team, as well as a player favorite.

Nick is the Head Coach of Buffalo State College Men's Division III hockey team. Prior to that he was an assistant with Fredonia State. He has over 10 years of experience working with various hockey camps. Nick attended Niagara University, where he played Division I hockey, and followed that with a brief career in the United Hockey League.

### Nate Handrahan

Nate first joined us in June of 2006. His friendly, approachable nature, extensive knowledge of the game, and willingness to take a struggling player aside, as well as his familiarity with the women's game make him a valuable member of our team.

Nate is the Head Coach of Robert Morris University's Women's Division I hockey team. Prior to that, he was an assistant with Robert Morris' men's program. Nate played Division I hockey for Niagara University, followed by a brief career in the ECHL. Before starting with Robert Morris, he served as an assistant coach for Niagara.

